



Yoga & Pilates

My Space, My Peace.



www.my-airex.com

There's my time in my day, that's that part
of the day that I dedicate to me.

I put all the stresses, worries, naggings
of the day aside, and get into my zone,
this zone is my space, where I get better,
stronger and strive to be my own best.

My own best is what I wish for me, what
I feel I need and strive to achieve. I want to
be that best version of me for me, on my
own terms, in my own space.

In my own space, I space out the negatives
and attract the positives.

This is my space, my life, for the great
ultimate feeling.

My space, my time.

My space, my place of strength.

My space, my time to get stronger.

My space, my time to prepare for the day.

My space, my time to wind down from the day.

My space of focus and motivation.

My safe place where I heal and get better.

My safe place where I get ready for the game.

My safe place where I get ready for life.

My space for the ultimate great feeling.

The Swiss-made products that are proud
of its origin, dating back to 1952.

Our products are of highest quality
and guarantee a lifetime satisfaction,
made for your own good for good.

Space in



AIREX® Yoga & Pilates

My Space, My Peace.

Yoga and pilates have many things in common, but these two training concepts have different applications. They adapt movement and breathing individually and optimally to suit the needs of their respective practitioners.

Although yoga and pilates continuously develop new trends, their goal remains the same — to get your body and mind in sync. And a good mat can perfectly serve this purpose.

In my space, my peace, a good yoga and pilates mat delivers the required high rigidity, slip resistance and a good grip, especially during sweat-inducing exercises.

Additional benefits are:

- Grounding
- Anti-slip
- Stronghold
- 100% outdoor proofed (wind, saltwater, sun)

AIREX® Pilates 190

Propelled by highly demanding requirements of Pilates instructors to develop a Pilates mat with the attributes assigned to our unique and famous AIREX® quality, we designed the AIREX® Pilates 190 mat together with Pilates instructors. This unbelievably thin mat (only 0.8 cm) made from high density material ensures stability required to master even the most demanding positions. Owing to our special AIREX® manufacturing process, the Pilates 190 has a distinctive cushioning effect equal to all other AIREX® gymnastics mats. It helps to effectively protect the users' joints and tendons. A must-have for classic mat training.

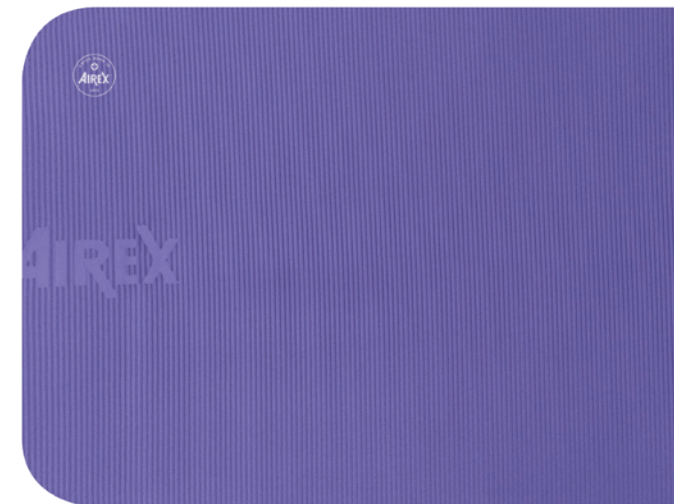
- Firm wearing comfort, combined with soft colors: insulating, soft, warm with optimal high damping properties
- Highest security: optimal stretch, flat-lying, robust, non-slip with rounded edges
- For in- and outdoor use: weather-resistant
- Longevity
- Hygienic: sanitized treatment and easy to clean
- Closed cell foam construction



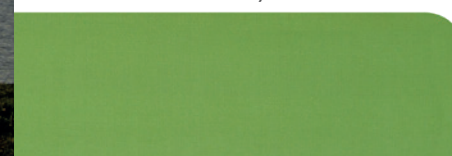
Size: approx. 190 x 60 x 0.8 cm
Weight: 1.4 kg



AIREX® Pilates 190



AIREX® Calyana Prime Earth



"The AIREX® Pilates 190, Xtrema, and Calyana mats lines are suitable for this purpose. These mats were designed to accommodate the compelling professional opinions and wishes of famous Pilates and Yoga teachers."

Paul Uhler, Headmaster, AIREX® Academy



AIREX® Calyana

Calyana – a premium yoga mat from the AIREX® Yoga & Pilates line – was designed in collaboration with highly skilled and prominent yoga teachers. Calyana offers maximum safety, fun and longevity allowing you to enjoy your time and sync up your body, mind and soul. The superior quality of Calyana yoga mats puts them on the list of the best yoga mats worldwide. A wonderful yoga tool for all Yoga practitioners. Calyana yoga mats offer a unique quality that makes them one of the world's top yoga mats, making them extremely fun.

- Knobbed underside makes slipping almost impossible
- Extremely flat and the specially machined surface provides maximum grip for feet and hands in a wide variety of yoga postures, even when sweating
- Perfect for outdoor use
- Very stable and weather-resistant
- Rounded corners to reduce swirl of mat even in strong winds



Size: approx. 185 x 66 x 0.68 / 0.45 cm
Weight: 2.35 kg / 1.7 kg

AIREX® Calyana Professional

DESIGNED IN SWITZERLAND, MADE IN GERMANY.

AIREX® Yoga & Pilates

My Space, My Peace.

AIREX® Xtrema

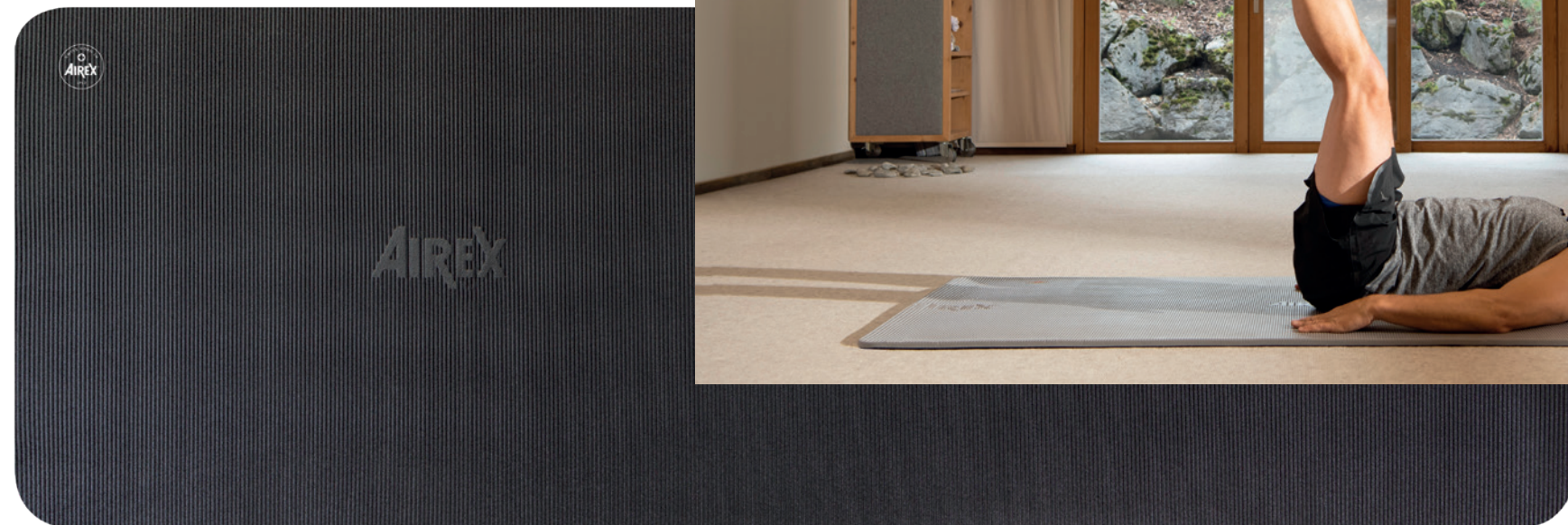
The AIREX® Xtrema is a new breakthrough innovation – the most robust mat in the AIREX® range. Due to its high density foam, the AIREX® Xtrema can be used outdoors on stony ground, gravel roads and the beach regardless of weather conditions. Owing to its high stiffness, the AIREX® Xtrema is equally suitable for yoga and pilates, but also for professional, functional training.

- Ultimate comfort: insulating, high stiffness, robust, with slight damping properties
- Highest security: optimal stretch, flat-lying, robust, non-slip with rounded edges
- Outdoor use on every ground: weather-resistant
- Extremely durable
- Hygienic: Sanitized treatment and easy to clean
- High foam density

■ Size: approx. 178 x 58 x 0.6 cm
Weight: 1.8 kg



AIREX® Xtrema



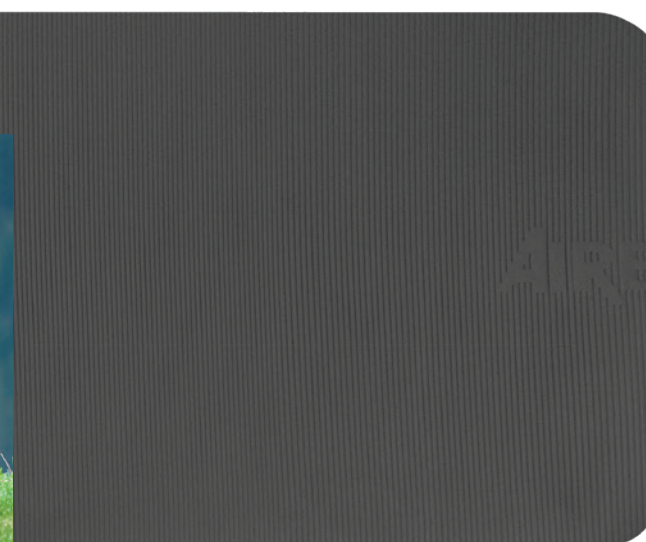
AIREX® Fitline Studio

AIREX® Fitline Studio

The AIREX® Fitline mats are the ultimate choice for sports and training, used by countless top athletes across the world. The Fitline is a classic fitness mat often used for group fitness classes in gyms. As a small, lightweight and trendy training mat, the AIREX® Fitline is also a perfect gymnastics mat at home and “on the go”, and a perfect fit for any sports bag.

- Ultimate comfort: insulating, soft, warm with excellent high damping properties
- Highest security: optimal stretch, flat-lying, robust, non-slip with rounded edges
- For in- and outdoor use: weather-resistant
- Longevity
- Hygienic: Sanitized treatment and easy to clean
- Closed cell foam construction

■ Size: approx. 100 x 50 x 1 cm
Weight: 0.79 kg



AIREX® Yoga & Pilates

New AIREX® Yoga Eco-line

Trends show an increasing awareness towards our planet from yoga and pilates lovers. Recycled, sustainable and biodegradable materials paired with the known AIREX® quality results in "state-of-the-art" yoga mats and accessories for the yoga community.

AIREX® Yoga Eco Pro mat

The AIREX® Yoga Eco Pro mat offers an unbeatable price-quality ratio paired with the best performance yogis look forward to. The mat is lighter and perfect for all your yoga adventures around the world. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate feeling: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior TPE with natural rubber base
- Designed in Switzerland
- Available in different colors
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm
Weight: 1.65 kg



AIREX® Yoga Eco Grip mat

The AIREX® Yoga Eco Grip mat is the ultimate choice for nature-loving yogis. It offers a maximum grip for all yoga actions. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate grip: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior recycled PU with natural rubber base
- Designed in Switzerland
- Available in different colors
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm
Weight: 2.20 kg



AIREX® Yoga Eco Cork mat

The AIREX® Yoga Eco Cork mat offers the ultimate natural feeling. The natural cork material creates warmth and insulation for indoor and outdoor use to be in balance with nature, body, and mind. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate natural feeling: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior natural cork with natural rubber base
- Designed in Switzerland
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm
Weight: 2.20 kg

AIREX® Yoga Eco Cork block

Feel the nature when sitting and exercising with the AIREX® Yoga Eco Cork block. It provides warmth and insulation for indoor and outdoor yoga action.

- Ultimate feeling: insulating, soft and warm
- Superior natural cork
- Designed in Switzerland
- Eco-friendly

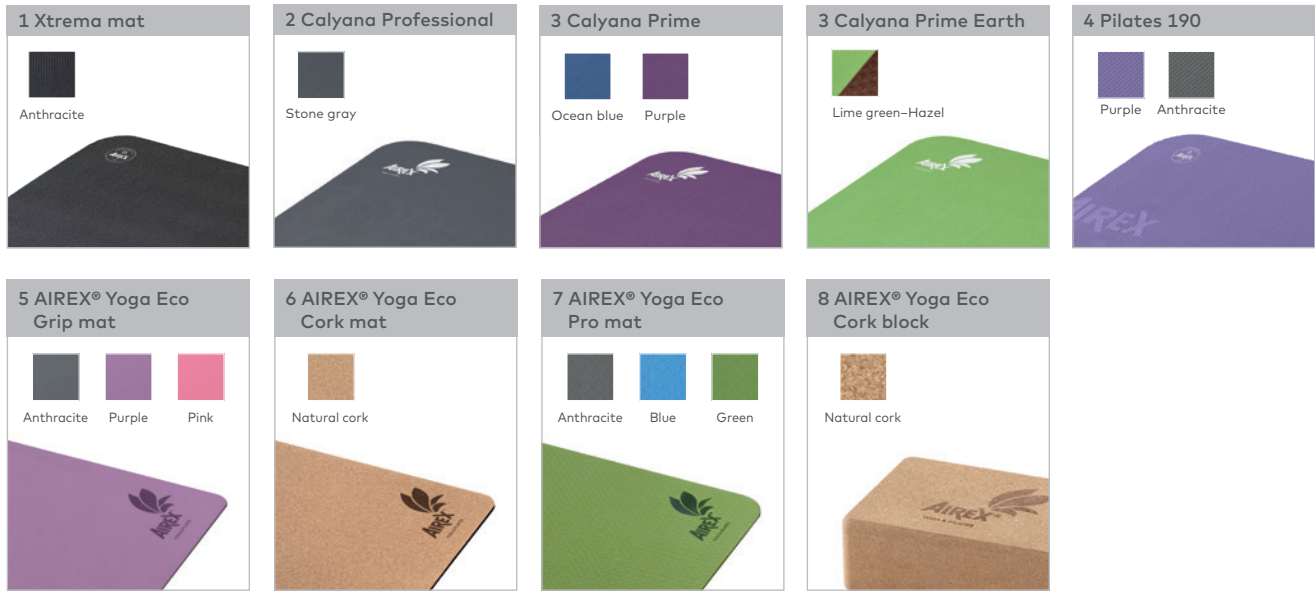
Size: approx. 22.5 x 15 x 7.4 cm
Weight: : 0.75 kg

AIREX® Yoga Eco Cork block



AIREX® product range

AIREX® Yoga & Pilates



Suitable for



1	Xtrema mat approx. 178 x 58 x 0,6 cm 1.8 kg		Anthracite	•					•	•	•
2	Calyana Professional approx. 185 x 66 x 0.68 cm 2.35 kg		Stone gray			•			•		
3	Calyana Prime approx. 185 x 66 x 0.45 cm 1.7 kg/1.8 kg		Lime green - Hazel Ocean blue Purple			•			•		
4	Pilates 190 approx. 190 x 60 x 0.8 cm 1.4 kg		Purple Anthracite	•		•		•	•		
5	AIREX® Yoga Eco Grip mat approx. 183 x 61 x 0.4 cm 2.20 kg		Anthracite Purple Pink			•				•	
6	AIREX® Yoga Eco Cork mat approx. 183 x 61 x 0.4 cmm 2.20 kg		Natural cork			•				•	
7	AIREX® Yoga Eco Pro mat approx. 183 x 61 x 0.4 cm 1.65 kg		Anthracite Blue Green			•				•	
8	AIREX® Yoga Eco Cork block approx. 22.5 x 15 x 7.4 cm 0.75 kg		Natural cork			•				•	

The AIREX® Eco Line mats are the ultimate choice for nature-loving yogis.

All materials are Eco-friendly to provide unsurpassed performance and happiness.





AIREX®

YOGA & PILATES

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AIREX®