

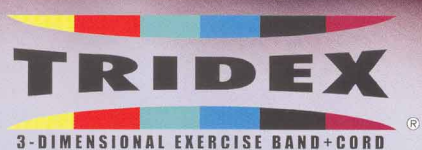
Made in England 





COMPLIANT WITH

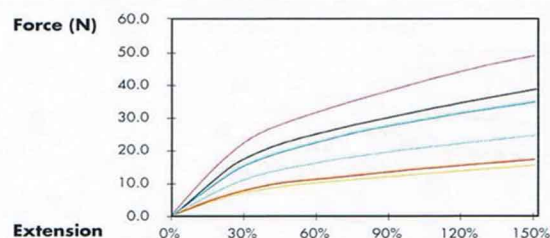
93/42 CEE  
MEDICAL DEVICE  
CLASS I



## Band

- Suitable for Therapy, Sport and Fitness training.
- Providing 1.5m, 5m and 25m in length.
- Combi strap, Shin pad and foam handle to enhance the variety of exercises.
- Various tensions allow user to progress according to fitness condition.

### Force Diagram



# The Strength of TRIDEX BAND

Colour	Strength	Length & Code			
Yellow	Extra Light	1.5meter	10.00	10.10	10.20
Red	Light		10.01	10.11	10.21
Blue	Medium		10.02	10.12	10.22
Green	Strong		10.03	10.13	10.23
Black	Extra Strong		10.04	10.14	10.24
Plum	Super Strong		10.05	10.15	10.25

## The Size of TRIDEX Band

1.5meter



5meter



25meter



## TRIDEX BAND TRIO

The combination of 3 types of Strength in one package.



## The Accessories



11.90 Deluxe foam handle with pairs

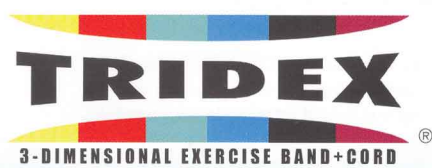


11.91 Combi Strap



11.92 Shinpad





# Cord

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- Versatile and Flexible to use with the particular adoption of the snap hook solution.
- Suitable for Therapy, Sport and Fitness training.
- 35cm to 140cm long cords fitted with snap hooks allow the use of many accessories.
- Combi strap , Shin pad and also foam handle to enhance the variety of exercises.
- 4 Effective resistances in any customize length is suitable for all situations.



### TRIDEX CORDS with Fixed Deluxe Handles

Deluxe foam handles are fixed to 120cm long tube.

Colour	Strenght	Length & Code
Red	Light	10.31
Green	Medium	120cm 10.32
Blue	Strong	10.33
Black	Extra Strong	10.34

### TRIDEX CORD with 2 hooks

Available in 3 different lengths in 35cm, 120cm and 140cm. User may choose suitable tensions at desired lengths to be used with deluxe foam handles , combi straps or shinpad for a variety of exercises.



Colour	Strenght	Length & Code
Green	Medium	11.52 11.62 11.72
Blue	Strong	35cm 11.53 120cm 11.63 140cm 11.73
Black	Extra Strong	11.54 11.64 11.74

### TRIDEX LOOP

Length of 85cm with a foam handles attached at each side forming a loop design for easier usage and variety of exercises Available in 3 different tensions.

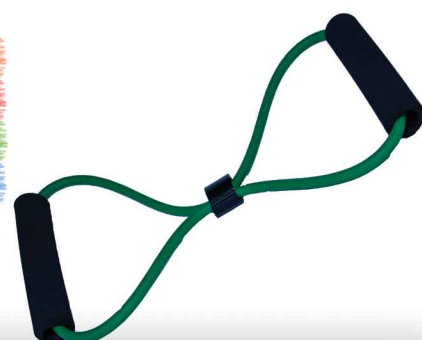


Colour	Strenght	Length & Code
Red	Light	10.42
Green	Medium	85cm 10.43
Blue	Strong	10.44

### TRIDEX LEXCORD

Length of 100cm attached with 2 foam handle , simplified into a fit size design available in 3 different tensions.

Colour	Strenght	Length & Code
Red	Light	10.52
Green	Medium	100cm 10.53
Blue	Strong	10.54



## The Accessories



11.90 Deluxe foam handle with pairs



11.91 Combi Strap



11.92 Shinpad





*Squeezed~  
Twisted~  
Pinched~*

## 4D Putty

- 4D PUTTY is a resistive exercise putty with excellent quality and consistence.
- 4D PUTTY are clean, non toxic, non oily and will leave no colour or residue on the user.
- Each colour signifies a specific stiffness and strength, as needed by the user.
- Ideal for improving Strength in fingers and hands for both children and adults.
- 4D PUTTY are designed to be squeezed, stretched, twisted, pinched and many movements.
- 4D PUTTY is a great tool for strengthening and fine motor training.
- 4D PUTTY Defined by healthcare professionals.

Colour	Strenght	Weight & Code					
Pink	Extra Light		13.00		13.10		13.20
Yellow	Light		13.01		13.11		13.21
Red	Medium	65gram	13.02	100gram	13.12	450gram	13.22
Green	Strong		13.03		13.13		13.23
Blue	Extra Strong		13.04		13.14		13.24





# DIGIBAND®

Resistance Band With Digital force Indicator  
for daily fitness training and therapy

Elastic resistance bands have been used in therapy , sport and daily fitness training for around 20 years. This practical device has now been refined. The Powermarks specially printed on the DIGIBAND, are a unique feature when the oval is changed into a circle by pulling the band.

It shows that the desired strength indicated has been applied. So it's now possible to work out with precision , repeat the exercise accurately and measure the training success.

Colour	Strenght	Weight , Lenght & Code			
Yellow	Medium	1.0 - 1.5kg	12.01		12.11
Jade Green	Strong	1.5 - 2.0kg	12.02	2.4meter	12.12
Orange	Very Strong	2.5 - 3.0kg	12.03	25meter	12.13
Ruby Blue	Super Strong	3.4 - 5.0kg			12.14







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